

REGULATED MEDICAL WASTE SAFETY GUIDELINES



BWS



Recommended Guidelines For Safe RMW Container Handling

Following the recommended maximum weight guidelines and suggestions for manual handling helps improve the safety and health of you, your staff, and anyone handling the special waste.

- Do not overfill container
- Total weight includes contents & container
- Weight should not exceed max weight amount unless otherwise noted on container

Max Weight 45 lbs

18 gallon
Single-use Sharps container



30 gallon
Single-use box

28 gallon
Reusable container



Suggested Ergonomic Guidelines - Manual Handling

- Use appropriate PPE and puncture-resistant gloves
- Use both hands with a secure grip when pushing or pulling whenever possible
- Turn or pivot entire body while minimizing twisting at waist
- Use entire body when pushing or pulling, rather than just the arms and shoulders
- Keep travel distance to less than 10 feet in front of you when lifting
- When bending to lift, keep your back straight, bend at the knees, and lift with your legs
- Never hug or push down on boxes
- When applicable, use hand truck for long distances or overweight containers
- When applicable, use liftgate when loading containers onto truck/vehicle
- Refer to RMW Packaging Guidelines for additional requirements, such as using 2" clear tape and applying the provided Generator label



(410) 437-6590



www.bwaste.com



customer@bwaste.com